

Burhani Women's Association

Ayyam ut Ta'abudaat Program

The days of celebration are here again. Mumineen and Muminaat everywhere are busy with preparation and observance of Ayyam ut Ta'abudaat al mubarak.

Almuqaddasa Busaheba Amatullah Aisaheba, the founder of Burhani Women's, was the embodiment of *tafaadi* and *jannisaari* and a firm advocate of women acquiring new skills to nurture their home, family, and community.

In this spirit BWA is offering an opportunity for all muminaat behno to sign up for an exciting, fun filled, instructive afternoon to learn something new. The courses and activities have been planned with the objective that what we gain – from gift-wrapping to healthy eating habits – will help us be better prepared for khidmat to our beloved Aqa Moula (TUS).

When: Saturday, April 28, 2007
Rabi al Aakhar 11, 1428H

Where: Masjid ul Badri

Time: 4:00 pm – 7:00 pm

Whom: All Women & Misaaq wali dikrio

Fee: \$5.00

Program: majlis, interactive classes (45 mins), followed by a light meal.

Please check class description for detailed information.

For more information please contact or email:
Rashida Boxwalla – rashidaboxwalla@hotmail.com
Rashida Dahodwala – khuku@aol.com
Tasneem Tyebjee – qusai@mail.com

Burhani Women's Association

Ta'abudaat Program

Course List

- 1. Lisan-ud-Dawat**
- 2. Mehendi Drawing**
- 3. Wadahwani Thaali & Gift Wrapping**
- 4. Good Eats – Food Analysis**
- 5. Physical Therapy**
- 6. Internet Literacy**

All classes must have minimum of 10 participants to conduct class.

Lisan-ud-Dawat

Do you wish you could better help your child with their Madrasah homework? Then this is the perfect class for you. This class is set up in two parts. The first half will concentrate on language and semantics. The second half will concentrate on reading and understanding the language. Come register and help your child succeed.

Mehendi Drawing

Do you ever wish you could be a Mehendi artist!! Come learn the beautiful applications of Mehendi. Take home a cone and impress your friends and family. This class is just in time for Maulana's (tus) Salgirah!!

Wadhawani Thaali & Gift Wrapping

Let your creativity take over in this fun 2-part class. Come learn to make elegant thaalis for your special occasions. Next time you have a Ziyafat, Shaadi, Warras, or anything else you will be well prepared. Learn to gift-wrap beautifully. Impress your friends, future in-laws with your beautiful

packages. (Please bring a rida, jodi, kurta saya, jewelry box to class for Shaadi wrapping).

Good Eats – Food Analysis

Cholesterol, fats, carbs, calories!! What do all these words mean? Come join us for an interactive and informative discussion on the foods we eat. Learn to read labels, understand portion sizes, and learn about healthy foods. Come test your knowledge on your eating habits. This class will focus on Bohra diets. By the end of this class you will be thinking healthy foods.

Physical Therapy

Are the minor aches and pains bothering you? Then this is the class for you. Come join a licensed Physical Therapist as she shows simple exercises, which we all can do to improve our lives. This class is for both women who can or cannot sit on the ground.

Learn how to:

- Protect and Strengthen joints
- Increase flexibility and prevent injury
- Discussion with Class regarding individual concerns
- Demonstration and Practice of Home Exercise Program

Internet Literacy – Basic Skills to Access the World Wide Web

Are you looking to increase your computer skills? Do you want to be able to access the World Wide Web and check your email? Do you want to learn how you too can be Internet savvy and get connected online? Then this class is for you!

You will learn how to:

- Visit websites such as www.malumaat.com and www.mumineen.org
- Create an email account
- Check your email and send messages